



Eden Drug
103 W. Stadium Dr.
Eden, NC 27288
Ph: 336-627-4854

Compounded Semaglutide Patient Education

Semaglutide 1ml/1ml with B12 (cyanocobalamin) Suspension

How supplied: Supplied in 30ml amber glass dropper bottle with an easy to use 1ml oral syringe. Should be kept refrigerated and shaken before use. USP allows a 180 day Beyond Use date.

Compound: Contains 1 mg Semaglutide and 1 mg cyanocobalamin per 1 ml of suspension. Each vial contains 15 ml of product.

Dosing: Recommended dosing as follows (patient specific titrations expected):

- Start with 0.25ml (=0.25mg) sublingually daily for 7 days. Then increase to 0.5ml (=0.5mg) sublingually daily thereafter.
- Some patients may not need or tolerate the daily dosing of the 0.5ml dose. If they are receiving the desired effects, a lower dose or less often frequency is merited. Some patients have remained on 0.25ml every 3rd day and achieved desired results. Given this is patient specific, expect a variety of dosing regimens.
- Time of day: The time of day does not matter. The $\frac{1}{2}$ life is about 1 week so the patient can take at whatever time of day they would like. Just keep the timing consistent.

Counseling:

- Take only as directed by your physician.
- Common side effects:
 - Nausea – occurs particularly at initiation and at increase in dose. The nausea can be quite severe. Recommend the ondansetron ODT that is often co-prescribed. Counsel on proper ondansetron administration (30 min prior to dose increase and every 4-6 hours after as needed)
 - Constipation – very common on this drug. Counsel to increase fiber and water intake. Also consider an OTC stool softener or Miralax if constipation persists.
- Contraindications: Allergy to any component of the compounded formulation, pregnancy and nursing mothers, any contraindication to semaglutide or cyanocobalamin.

RESULTS!!

We want to hear how you are doing with your weight loss journey! Scan the QR Code with your phone's camera and complete the survey AFTER BEING ON THE MEDICATION FOR AT LEAST 2 WEEKS. We will give you \$20 OFF your next Semaglutide prescription!



